

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nicolas Arends**

Has successfully participated & completed the

**5 km Hope Hike Ithemba Hope Hike 2023**

held at Blaauwklippen Wine Estate.

**TIME 00:47:18**

**PACE 09:27/km**

**OVERALL 22 of 102**

**GENDER 14 of 42**

**50 - 59 3 of 6**

01 October 2023, Sun

Date



*BoutTime*

Signature

